

# Kaloko News



HELPING RURAL ZAMBIAN COMMUNITIES TO HELP THEMSELVES

Christmas 2011

## What's going on here, honey?

**I**t's a training course in beekeeping at Luansobe. Ten women and fifteen men successfully completed a 10-day course in August made possible through the support of Tim and Penny Saunders and the Knightswood and Rowan Charitable Trusts. Kaloko staff delivered the theory section, and a volunteer from the Luansobe Beekeeping Cooperative Society carried out practical training. At the end of the course, held at the Luansobe Upper Basic School and the



Kaloko Trust campus, trainees each received a starter kit of two wooden hives, a swarm box, smoker and honey collection bucket. Protective suits, gloves and veils were also provided along with a wooden frame to make mud-hives to expand their apiaries in the future. Kaloko supports an ongoing programme of bee-keeping training and hopes to expand to the neighbouring area of Kashitu in 2012.

## Review 2011

**C**lean water, new health facilities, more classrooms, improved livelihoods, basic transport for hundreds of families, better opportunities and a safer future for the young – these are just some of the achievements we look back on over the past year. And it was all through your support.

Two new Health Outposts allow Rural Health Centre staff to hold regular outreach clinics for **2,000** inhabitants. Six new boreholes over the Luansobe/Kashitu area were drilled and equipped with hand-pumps this year, providing clean water for **1,200** people. Kamabaya Community School now has a second double-classroom block, creating a better learning environment for its **547** pupils. The Sponsorship Scheme helped **1,400** children, providing scholarships, classroom equipment, teaching materials and improved school buildings at three local schools. Two PE teachers from Britain worked with Luansobe Upper Basic School on improving sports teaching. A new peer-led programme educated **250** adolescents on the risks of HIV/AIDS. Over **100** farming families received dry-bean seed and fertiliser to help ensure a good yield, and **25** new beekeepers were trained and equipped enabling them to expand household income. **414** second-hand bicycles from the UK were bought at affordable prices by hundreds of families who desperately need transport for everyday life.

That's an awful lot of people that you've helped this year

**Thank you!**

**EDITORIAL** KTUK Director, Renato Gordon

### Accountability: key to donor confidence

'How do I know that the money we give is getting to the people who need the help?' It is a question I have heard more times than I can count during my many years in the charity sector. Given the stories of money being misused or stolen, the issue of accountability is of major concern to all donors, large and small. And rightly so.

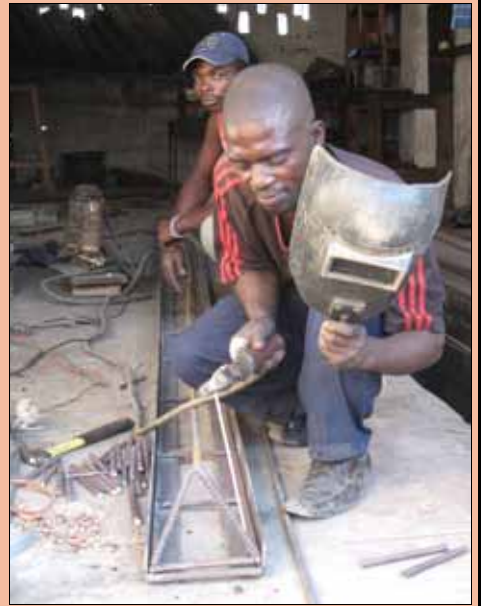
Kaloko Trust knows that transparent accountability is imperative to donor confidence, and we adhere to tight systems guaranteeing that funds reach where they are intended and are properly managed. In the first instance, detailed budgets, agreed in both Zambia and the UK, are drawn up for every project and funds are raised against these figures. In Britain, annual operations budgets are approved and reported at each quarterly meeting of the Board of Trustees. I, as the UK Director, along with the Treasurer, who is not an employee but a Board member, must authorise all UK expenses and transfers to Zambia, while the Treasurer checks and approves the monthly accounts. Twice yearly, I visit the projects in Zambia to check financial reports, signing off all invoices and verifying that field work has been completed as planned. Major donors receive full narrative and financial reports on the projects they support and, in the past three years, five donors have visited Luansobe to see for themselves how their money has been spent. The *Annual Report & Accounts*, checked by a qualified external examiner and approved by the Board, is presented to the UK Charity Commission and made publicly available on Kaloko's website.

Similarly, Kaloko Trust Zambia conducts a full annual audit where accounts are approved by its Executive Committee, with copies sent to Kaloko UK and the Zambian Registrar of Non-Governmental Organisations. The Executive Committee, to whom the KTZ Director reports, is comprised of prominent professionals, local community leaders and government representatives. Meetings are held three times a year when management must submit financial and activity reports.

Furthermore, we are also accountable to the communities, the intended beneficiaries of all Kaloko projects. During my visits to Zambia, I consult directly with local people ensuring that activities have been carried out as reported and that proposed projects have community support. Surveys are conducted across the programme area every few years, gathering views on the appropriateness of our efforts and collecting data to measure the impact of past and ongoing projects.

We believe that our open and inclusive approach, with all its checks and safeguards, enables us to reassure our donors that their resources, so generously given, are used as intended and make a real difference to the lives of those in the remote villages of northern Zambia. Your support is much appreciated by the families in Luansobe and I join them in wishing you a very Merry Christmas and a Happy New Year.

**MR FIX-IT:** Shadrack Phiri, Luansobe's Mr Fix-it, is a man of many skills. A qualified electrician, he also turns his hand to metal-work as well as to repairing boreholes and pumps. Shadrack, hired by Kaloko, has been welding



roof trusses for new school and health outpost buildings. With timber beams vulnerable to termite attack, Kaloko's new functional building designs use materials which minimise costly future maintenance and maximise the use of local tradesmen in construction.

**A BIG SMILE:** Our 12 supporters of the Kaloko Third Age Project have brought a broad smile to the face of Catherine Mwaba one of the many grandmothers desperately needing our help. Launched in 2009, the scheme has grown steadily, helping eight grandparents this year to provide for the 20 orphaned children in their care. They have been given school books and uniforms as well as seed and fertiliser (pictured here) to help ensure a good food yield. And the gift of a bright chitenge, the local equivalent of a wrap-skirt, has brought even more cheer. With your help, Kaloko hopes to add another four grandparents to the scheme in 2012.



'A smile is the greatest weapon in the battle of life.'  
Ghanaian proverb

## DEFINING OUR GOALS

**W**hile Kaloko looks back on the achievements of the past year, we also look forward to what we must seek to achieve in the years ahead.

The Luansobe-Kashitu area is large, 1,200 square kilometres, and the changed needs of its 35,000 inhabitants have demanded that we move from the initial resettlement and agricultural training of the 1990s to supporting area development programmes (ADPs). These programmes, providing access to education, clean water, health services and improving food security and livelihoods, are ongoing, and we continually evaluate our effectiveness and the impact of our work.

A socio-economic survey carried out in 2010 is helping to clarify what we should aim to accomplish. Soliciting the views of over 120 families across the programme area, it revealed that almost a third of children did not attend school. Those who did, had to walk an average of 59 minutes to get to class. Only 43% of households had access to clean water, and families walked for an average of two hours to reach their nearest health clinic. Other key issues to emerge were the quality of health services and the frequency of provision, the quality of education and community maintenance of clean water sources. With many households struggling to survive on inadequate incomes, the survey also showed a clear need to diversify agricultural production and income-generating opportunities.

In early 2012, Kaloko UK is to set its goals for the next five years. Initial issues under discussion include raising the percentage of families with access to frequent health services, to quality primary education within a 30 minute walk of home and to clean water within 15 minutes of home, as well as increasing the percentage of households earning at least the national 'basic needs basket' \* plus 33%.

We shall aim high, although the targets will only be achievable with your support. Working together, we can reach so many more rural families who need our help.

*\*The sum needed by a six-person family to buy sufficient foods and goods for basic living – currently assessed to be £200 a month*



*The long walk home with water*

## Help for Small Businesses

**K**eep accurate books and engage in healthy competition! That was the key advice to 19 Luansobe entrepreneurs at a small-business workshop earlier this year.

During her month-long stay helping Kaloko Zambia review and update its financial procedures, volunteer Joanne Lamberth from the UK charity Accountants for International Development also found time in July to hold a workshop for local residents - 'Running a Business'.

Most who attended were farmers who operate additional enterprises ranging from bars, grocery stores and clothes shops to agricultural supplies and grain milling. Despite the diversity, however, common concerns emerged about lack of capital and funding, money management and stock-pricing. With their focus often on turnover rather than profit margins, many participants did not know whether they were operating at a profit or loss. Joanne identified the lack of book-keeping as a principal obstacle to success, and has recommended that Kaloko organise a series of courses training entrepreneurs in how to keep basic financial records. She also noted a widespread reluctance to undercut neighbours, and stressed that local price-setting, irrespective of cost at source, and the lack of competition between store owners could only lead to unhealthy businesses.

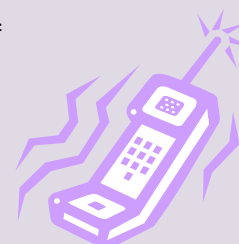


*Small businesses meet local needs*

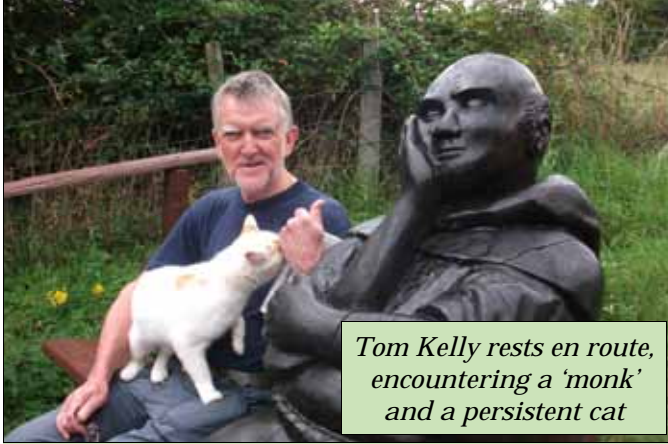
## Txt 2 donate

**You can now donate to Kaloko on your mobile!** We've introduced a quick and easy donation method just for amounts of £5 or £10. You simply text one of these messages: **'KTUK01 £5'** or **'KTUK01 £10'** to this number: **70070**.

The amount you donate comes off your phone's credit or onto your next bill and is transferred to Kaloko with no fee deducted. You can even Gift Aid your donation. It's simple and it helps us to help the community in Luansobe!



## Doing the Chalky Walk



*Tom Kelly rests en route, encountering a 'monk' and a persistent cat*

**H**ad you been on the English North Downs three months ago, you might have seen a lone man striding eastwards, heading for France. His purpose? To raise funds for Kaloko, and raise funds he did!

Tom Kelly has long supported us but this year made a special effort, embarking on a two-week challenge and raising £2,000 from his circle of generous friends. He set off from Farnham at the end of August and walked 125 miles along the North Downs Way, through Surrey, through Kent and on to Dover. From there, he took the crossing to Calais where he walked the final 30 miles along the white cliffs of the French coast to Boulogne.

Tom has taken on walking, climbing or cycling challenges for different charities each year since he retired in 2000. We are extremely grateful to him, and to his supporters, for his efforts and for the very handsome donation to Kaloko.

**Another intrepid fundraiser**, Dr Steve Gillam has taken on the challenge of raising £8,729 for the much-needed rehabilitation of the Rural Health Centre in Luansobe. To help encourage further donations, Dr Gillam was joined in September by his friend Dr Jenny Amery to run and cycle the 106 miles of the Peddar's Way and Norfolk Coast Path. The total raised stands at over £3,500 but there is still a long way to go to reach his ambitious target. **If you can help please donate.**

**The Kaloko Trust UK** works to relieve poverty and raise livelihoods in rural communities in Zambia, southern Africa. Promoting local development of agriculture and self-help projects to generate income, it encourages the sustainable and responsible use of natural resources. The Trust promotes education and healthcare through improved access to schools, clinics and clean water.

Established in 1995 as a registered charity (No. 1047622), The Kaloko Trust UK (KTUK) supports the activities of our partner organisation, Kaloko Trust Zambia (KTZ) by securing funds for KTZ programmes and providing management support and capacity building. It also offers technical assistance, recruits specialist volunteers and publicises KTZ's activities. In 2010, 95% of funds raised were spent on charitable activities with the rest used for governance and generating further funds.



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## VARNDEAN AT IT AGAIN

**A**fter a year's break, another group of A-level students from Varndean College in Brighton is busy raising funds for a month-long field trip to Zambia in 2012. Led by Emma Iavarone, three teachers and 12 World Development students will be directly involved in providing basic sanitation at a local community school. Under the guidance of a local builder, they will help construct two VIP toilets (ventilated improved pit-latrines), as well as erecting goalposts and making classroom furniture.

Emma, a Development Studies and Sociology teacher at the college, is a familiar face in Luansobe. Originally volunteering with Kaloko in 2008, she has since escorted two groups of students who speak of their life-changing experiences in Zambia. Some, now at university studying International Development, plan to revisit Kaloko in their placement years. The links continue!

## Leaving a lasting legacy

Do you enjoy being a Kaloko Trust supporter and appreciate the real difference your contribution makes to the lives of people in Zambia? Under English tax laws legacies to charities are exempt from inheritance tax. Leaving a gift to charity in your will is an amazing way for your generosity to last beyond your own lifetime.

To find out how we can help you leave a charitable legacy please contact Kaloko and we can talk to you about what you need to do.

## Our printer

*Kaloko News* is printed three times a year on recycled paper by our local, long-time printers, **One Digital**. See [www.one-digital.com](http://www.one-digital.com) or call 01273 887575.

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