

Kaloko News



HELPING RURAL ZAMBIAN COMMUNITIES TO HELP THEMSELVES

Spring 2010

Supporting Grandmothers

Esinati Kabemba has lived through the deaths of four of her nine adult children and now cares for six orphaned grandchildren, three of whom attend school. A widow for many years, Esinati is not sure when she was born but, piecing her story together, we know she must be well over 65. She grows food crops on a small patch of land at Luansobe to feed the family but, having no money to spare, was unable to join the Government's fertiliser support programme last year. With her crops unfertilised, the yield will almost certainly be poor and her family faces hunger.



Esinati Kabemba must feed, clothe and find school fees for her six orphaned grandchildren

At 63, Catherine Mwaba has also given a home to her six orphaned grandchildren. All of them are of school age. Her elderly husband has severe asthma and cannot help her with the manual work of growing food for the family. Proud and determined, Catherine cultivates maize and groundnuts on her two half hectare plots, selling any surplus from her groundnut harvest to send her grandchildren to school.

Esinati and Catherine are not isolated cases. Their stories are typical, and there are hundreds of grandmothers like them in the area. In Zambia, HIV/AIDS and poverty have reduced average life expectancy to only 44½ years. The burden of care for orphaned children almost always falls on the elderly. At a time when they are least able to cope, and with little or no family support, these women struggle to care and provide for young grandchildren. They need our help quickly!

Kaloko's new scheme, launched last year, assists grandmothers by providing some basic but unaffordable necessities, such as shoes, exercise books, pens and uniforms, for the children in their care. As the programme develops, Kaloko aims to include seed, fertiliser and tools which will not only help them to feed their families but may enable them to generate a small income to pay school fees or other essential costs.

CAN YOU HELP?

£10 a month would give vital support to any of these grandmothers, helping them to provide school books, uniforms and shoes for the orphans in their care.

Full to the brim

Good rains and a well-chosen site mean that Kantolo dam, completed just before the start of the rains last November, is already full to capacity.

Local villagers, who would normally expect the dam to take two years to fill, now look forward to reaping the benefits of their contribution to the project. In partnership with Kaloko Zambia, they have worked hard during each dry season over the past three years, digging the core trench, filling it with clay to stop leakage under the earth wall, and breaking and carrying tonnes of rock to line the spillway. Kantolo dam, the fifth built by Kaloko in the area, will not only raise water tables in local wells, it will also provide water for livestock in the coming dry season and allow villagers to grow vegetables on small hand-irrigated plots around the dam.



Bright smiles from Kantolo's children at their new dam

DELIVERING RESULTS Infrastructure Expansion

Kaloko Trust is driving forward its programme to extend basic health services, education and clean water by creating a network of 'satellite service centres' in the remote villages around Luansobe. The first phase includes five community schools and health outposts together with ten boreholes and hand-pumps.

In recent years the growing population has placed increasing pressure on the limited resources of the Luansobe Upper Basic School and the Rural Health Clinic. By the end of this year, working hand-in-hand with the Departments of Health and Education, other charities and local communities, Kaloko hopes to have completed three community schools, four health outposts and five boreholes and pumps. The Department of Education has already provided six qualified teachers at three schools, as well as school furniture.

Kandulwe, Serenje and Kwesha are the first villages to have benefited from the programme, with these communities playing a strong part in providing free land, labour and building materials. Almost 1000 children will be saved a walk of several kilometres each day to attend a more distant school, while 600 rural families will receive regular medical attention and have access to safe water near their homes. Once the first phase is complete Kaloko Trust would like to extend the programme further to more outlying villages.

KWESHA TRANSFORMED



The fresh new Kwesha Community School

Kwesha School has undergone a dramatic change, thanks to the determined efforts of the local community working over the last two years in close partnership with the Department of Education and the charities, Kaloko Trust and Caritas.

In 2007, Kwesha had no qualified teachers for its 320 pupils and occupied a dilapidated former dairy and piggery. At the start of this academic year in January, however, the school boasted two qualified teachers, funded by the local Department of Education, and was justifiably proud of four bright, new classrooms equipped with blackboards, desks and chairs. There are also two new teachers' offices and storerooms and, in the coming months, Kaloko will be working with the community helping them to build houses for the teaching staff. It has been a remarkable achievement!

Bikes make bikes...and more

Plans are underway to ship a further container of 400 bicycles donated by the charity Re-cycle to Zambia in April this year. The shipment will be financed through the proceeds from the sale of cycles sent out in 2009.

Kaloko is also discussing with other UK charities the possibility of sending carpentry tool sets, in another consignment, to support a skills development programme envisaged for the Luansobe Carpenters' Cooperative. This project aims to help ten pupils a year from Luansobe Upper Basic School who would undergo four weeks of training in basic carpentry, better equipping them to find jobs after leaving school.

£30
*gives a mother
permanent
access to clean
water for her
family*

ACHIEVED - 2009!

Food Security

Farmers, trained by the Agricultural Extension Officer sold 275kg of their new soya crop to buy bean seed and fertiliser and plan to plant another experimental plot on Kaloko land this season.

Natural Resources

Further support and training to the 257-strong Luansobe Beekeepers' Cooperative which increased sales of honey to over three tonnes per annum. Fifty new beekeepers were also trained and equipped.

Clean Water

A 25-metre deep well was hand-dug by local contractors for the Upper Luesanga community, providing dozens more families with clean, drinkable water.

Support - HIV/AIDS sufferers

20 HIV/AIDS infected people were trained and equipped to establish a small-scale collective commercial poultry unit. The scheme provides much-needed income and boosts the social standing of the sufferers.

Another HIV/AIDS Support Group, trained with the help of Kaloko, successfully harvested 300kg of soya-beans from their communal plot. Keeping 75kg of seed, they will plant new plots in three other local villages this year.

An innocent visit

Kaloko Zambia was delighted last year to welcome UK visitor, Lucy Thomas, NPD Director of **innocent drinks** which, through the **innocent foundation**, has supported Kaloko's work with the Luansobe Beekeepers' Co-operative for many years.

Holidaying in Zambia in September, Lucy and her mother, Ann, abandoned the tourist trail for a short stay at Luansobe. They visited three beekeepers trained by Kaloko, and Cooperative members talked to Lucy of their plans to develop a market for the honey, crucial to the future sustainability of the project.

Lucy observed:

'Grace trained to be a beekeeper this year. When I visited her and her family, they were looking forward to their first honey harvest. An income from honey will improve her standard of living. Grace lives below the poverty line, she doesn't have access to safe water. She told me the beekeeping course, gave her hope.'



Real poverty - Real development

The most recent UN report on development ranks Zambia extremely low, 164th out of the 182 countries examined. In calculating the Human Development Index (HDI) of each country, the UN provides a composite measure of the three fundamental elements of development - a long and healthy life, education and a decent standard of living. Despite some recent improvement the statistics are shocking, especially when compared with the UK. Over three quarters of all Zambians live on less than £1 a day. 50% of the population is likely to die before the age of 40. Almost a third of all adults are illiterate. Nearly half the population uses unsafe water sources.

The UN figures represent national averages and rural populations are known to be at an even greater disadvantage. Targeting these communities in the north of Zambia, Kaloko's work however, reveals a more heartening development story. Access to health and education around Luansobe has improved radically in recent years as a direct result of the support of UK donors, local government in Zambia, partner charities and the communities themselves. New schools have been built, boreholes drilled, health-posts constructed and in villages where Kaloko's efforts have been focused, most children now receive a basic education, are vaccinated against preventable diseases and have access to clean water. This is real development.

Appeal for help as Education Sponsorship takes economic hit

Inflation and the weak pound have effectively doubled our costs in Zambia over the past five years. Kaloko, committed to continuing its support of deserving children and their families, must raise more funds. The need is far greater than the resources available, and only with your help can we reach more children. In Britain, not all our class sponsors give the full amount of £15 a month, or £10 a month for the crèche. We ask you to consider whether you could help.

Could you raise your sponsorship donation by just a little?

We recognise that some donors simply cannot give more and we genuinely appreciate whatever you are able to donate. Every pound received is so welcome and used carefully to help the children of rural Zambia. We have achieved so much with your help, and we can achieve so much more.

WHAT'S BEEN ACHIEVED BY YOUR SPONSORSHIP? A GLANCE AT 2009

Luansobe Upper Basic School, with nearly 1000 pupils, received a cash grant each term which was used to:

- provide 50% of school fees for 80 deserving children - 40 girls and 40 boys
- pay the salaries of five hostel staff
- provide food, books and other materials to support pupils
- build a bathroom block for the girls' dormitory
- paint the boys' and girls' dormitories
- install metal-frame windows in classrooms and teachers' houses and new doors and frames in the boys' dormitory
- refurbish desks and other school furniture

Kandulwe Community School, with over 300 pupils, is a newcomer to the Scheme. It also received a grant each term which bought school desks and chairs, and supported other essential running costs.

Kaloko Crèche, with 15 children, used their grants to pay staff salaries, buy teaching materials and provide a daily meal for each child.

CLASS SPONSORSHIP

£10 a month supports a class at the crèche with teachers, materials and a daily meal

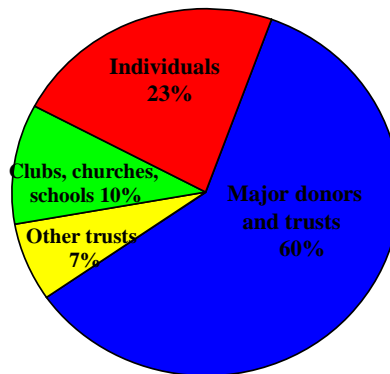
£15 a month supports a class at LUBS or Kandulwe School, providing teaching materials, building maintenance, school meals & school fees for deserving pupils

Contact KTUK for details

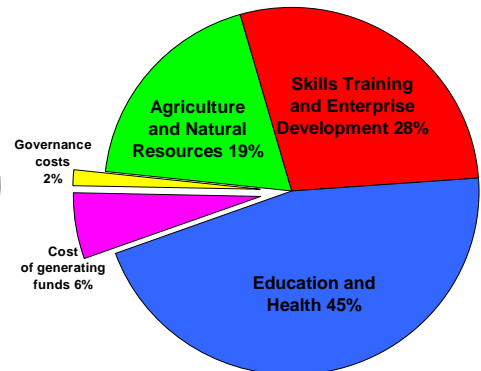
MONEY GOING WHERE IT'S NEEDED

Despite the current economic recession, and static sponsorship income, Kaloko's total income rose to £172,000 over the last year. This was mainly as a result of greater fundraising efforts and some larger donations from charitable trusts and foundations. It has directly led to an increase in the assistance given to communities in Zambia, with a 19% rise in the funding of charitable activities there. Fundraising and governance costs were kept at less than 8% of total expenses, an achievement which compares very well with other effective charities.

Who gives the money?



How was the money spent?



New Patron for Kaloko UK

The new Zambian High Commissioner to London, His Excellency Professor Royson Mukwena, has kindly taken on the role of Patron of Kaloko Trust UK.

Meeting for lunch in January with Kaloko Chairman Jim



Zambian High Commissioner His Excellency Professor Royson Mukwena with Kaloko Trustee Domino Champe at Zambia House, London, in February

Smyllie, Trustee Domino Champe and Director Renato Gordon, Professor Mukwena expressed his appreciation for Kaloko's work with rural communities in northern Zambia. Accepting the role of Patron, traditionally held by his predecessors, he also offered the use of High Commission facilities for Kaloko's meetings and receptions.

In February, His Excellency Professor Mukwena made presentation of his letters of credence to Her Majesty Queen Elizabeth II at Buckingham Palace, later hosting a reception at Zambia House to mark the occasion. The event was attended by a number of diplomats and prominent Zambians including Kaloko Trustee Mr Champe.

A word about our printer

Kaloko News is printed three times a year on a recycled silk paper by our local, long-time printers, **One Digital**. See www.one-digital.com or call 01273 887575.

£20

trains a farmer to grow new varieties of bean giving higher yields and improving soil fertility

The Kaloko Trust UK works to relieve poverty and raise livelihoods in rural communities in Zambia, southern Africa. Promoting local development of agriculture and self-help projects to generate income, it encourages the sustainable and responsible use of natural resources. The Trust promotes education and healthcare through improved access to schools, clinics and clean water.

Established in 1995 as a registered charity (No. 1047622), The Kaloko Trust UK (KTUK) supports the activities of our partner organisation, Kaloko Trust Zambia (KTZ) by securing funds for KTZ programmes and providing management support and capacity building. It also offers technical assistance, recruits specialist volunteers and publicises KTZ's activities. In 2009, 92% of funds raised were spent on charitable activities with the rest used for governance and generating further funds.



HELPING RURAL ZAMBIAN COMMUNITIES TO HELP THEMSELVES

39 - 41 Surrey Street
Brighton BN1 3PB, UK
T +44 (0)1273 766 660
F +44 (0)1273 766 661
E admin@kalokotrust.org
www.kalokotrust.org