



KALOKO trust

ANNUAL REVIEW 2004

Helping Rural Zambian Communities To Help Themselves

INTRODUCTION

Dear Supporters

In 2004 Kaloko Trust Zambia completed 15 years of support for the Luansobe communities. During that time the Kaloko Trust has grown from a few trainees in tents to a thriving NGO offering a wide range of integrated support to the local communities, whose population has steadily grown from a few hundred to over 10,000. Today we continue to support and work with some of the poorest people in the world, helping them to grow enough food for their families, to generate income, to improve their access to clean water and essential healthcare and to ensure their children receive an education.

Thanks to your support we have been able to increase the number of farmers we support through our Food Security Programme, and now approximately one third of local households receive loans and extension support. We have also completed a fourth Rainwater Catchment Tank (large dam!), for Serenje community, and plan to start linking all our tanks into the Food Security Programme. Allied to this we have started a well digging programme, which will provide clean year-round water to communities. Our support for education and health has also increased: last year over 800 children directly benefited from education in the Luansobe Basic and Middle School - supported by 250 sponsors; the Health Centre saw over 12,000 people, and we continued our support for our vital community based HIV/AIDS programme.

Last year we consulted local communities about the future direction of our work in Zambia. This showed that although we are pretty successful in what we do in most of our programmes, we still have much to do. We need to expand our support for agriculture through training and loans; to improve water resources, both large and small; to help people develop their income; and to help meet the increased health and educational needs of the communities. And we need to do all this for an ever increasing population

I must also pay a personal tribute here to the massive contribution to this work of Phil Wedell. After fourteen years with Kaloko, as founding director, Phil decided in 2004 to retire and move on to new challenges in his life. Kaloko would not exist, and would not remotely have made the impacts it has without the extraordinary contribution of Phil, who I am sure you will all join me in wishing the very best in the next stage of his life. After 15 years of the work of Phil and many others, and with generous support from UK donors, the lives of the women, men and children in the Luansobe area have improved significantly. But against the backdrop of an ever -expanding local population and the horrific effects of the HIV/AIDS pandemic, your support and ours is still very much needed.

Best Wishes,

Jim Smellie, Chair of the Trustees

Bridging the Divide – Capacity Building in 2004

As in previous years, during 2004 we have again posted staff to Zambia to directly support our work and to build the capacity of local staff. This year both the UK Director and a volunteer Publicity & Marketing Officer have been working at Luansobe.

During the year we have supported local staff to carry out a comprehensive consultation with local communities. This has helped to provide a clear picture of both the positive impact that our programmes are having, as well as the issues that people continue to face. Building on the findings of the consultation we have worked with local staff to write a local strategic plan for the next 3 years. The plan focuses both on building the capacity and skills of local staff and communities as well as directly addressing their direct needs.

We have also worked hard to bridge the technological divide. A satellite Internet connection has been established at Kaloko's Luansobe office. Four computers have been connected and local staff have been trained in email and Internet use. This has had a very positive impact, with project managers now able to access the vast library of information on the Internet and to contact people and organisations much more swiftly. It has also allowed staff to stay in touch with family and friends across Zambia.

A mobile phone signal booster has also been installed, and this has successfully provided a mobile phone signal in the area. This has made the running of the office much more efficient, enabling phone calls to be made to arrange meetings, visit other NGOs, order supplies etc. We have been – and still are – collecting unwanted, but functioning, mobile phones from the UK for use at Luansobe.

Continuing the communication theme, local staff have also been taught simple Desktop Publishing. As a result a local newsletter – Newsflash! - is up and running, and has been met with great enthusiasm by the local community to whom it is circulated. This is a direct result of communities telling us during the consultation that Kaloko Trust Zambia needed to improve its communication with them.



KTZ staff on their mobile phones



Producing Newsflash!

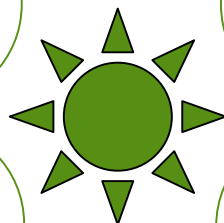
WHAT WE DO & WHY WE DO IT

Agricultural Demonstration, Training & Extension

Poor soils, erratic rainfall, and lack of access to credit, seeds or fertilisers, means that rural families are often unable to grow enough food for the year: hunger and food shortages occur for 2 or 3 months every year. Food security is further undermined by loss of labour through diseases such as malaria and HIV/AIDS. Kaloko Trust operates a Household Food Security Programme, which provides loans of seeds and fertilisers to farmers in the Luansobe area from a revolving fund. Each farmer is supported by extension and training to improve their knowledge and skills – these are particularly necessary to new farmers who have moved out from the urban areas because of chronic unemployment. After the harvest the farmers repay the loans and we then use the repayments to provide further loans and thus expand the circle of people in the community that we can help.

Natural Resource Management

Over the last 15 years there has been, and continues to be, a very considerable increase in the local population at Luansobe. This has meant ever-increasing pressure on the fragile local environment. Water remains a major issue: rains are often erratic and unpredictable and as the population increases, water tables fall and wells dry up. The forests around Luansobe play a vital role in people's lives: they provide fuel for cooking, construction materials, a source of food (such as mushrooms and fruit), medicines, and a source of income through charcoal production. Population pressures and indiscriminate charcoal production have resulted in a significant loss of local forest. Kaloko's work aims to redress the balance of these issues by demonstrating and promoting sustainable approaches to Natural Resource Management, which will improve livelihoods for both current and forthcoming generations.



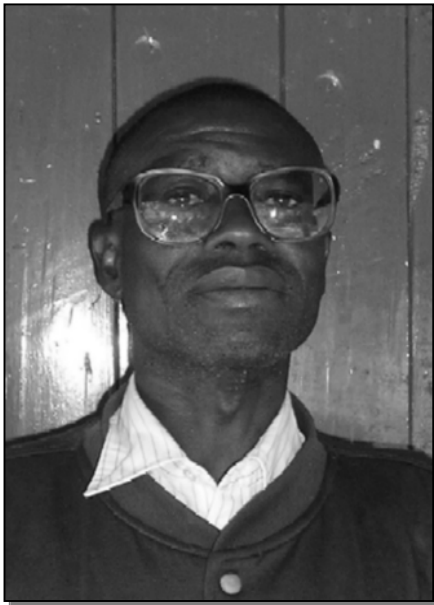
Community Social Development

Fundamental to the long-term stability of a community is the provision of basic social services such as healthcare and education. However, as Zambia is so poor, the government spends very little on education and healthcare, and many people in rural areas have little access to medical facilities. Kaloko has established the Luansobe Upper Basic School, which it runs in partnership with the government. Kaloko provides and maintains all buildings as well as housing, water, teaching assistants and additional resources. The government supplies teachers and basic materials. Kaloko also supports the Luansobe Rural Health Centre in partnership with the government. Kaloko Trust has implemented an important HIV/AIDS outreach programme, which helps the vast number of people affected. In a community where a third of all households are headed by women, the Kaloko Crèche continues to provide a vital service for working mothers, allowing them to access employment or training opportunities

Enterprise Development

Zambia is in chronic recession and there is virtually no economic activity or employment in rural areas. Yet even rural households need cash for simple items such as soap, medicines and school uniforms. Kaloko Trust has established a number of skills training workshops and small-scale enterprise initiatives at its Luansobe campus. These provide the economic basis for long-term local development by raising skill levels, providing employment, adding value to agricultural products and generating and supporting local economic activity. The surplus revenue generated by the workshops and enterprises is in turn used to underpin the provision of basic social services – education, healthcare and water – for the wider community. Enterprises include a piggery, a dairy and beef herd, cheese making, honey production, a sawmill and a printing press.

OUR ACHIEVEMENTS



"For Zambia to have a better future, our people need to be well educated about HIV/AIDS. We need healthy people in order for our country to be productive."

Julius Nyirongo, Community HIV/AIDS Counsellor

Julius Nyirongo, from Mpuku village in the Makango area of Luansobe, is a Community Counsellor in HIV/AIDS. Originally working solely as a small farmer, Julius was trained by Kaloko Trust in 2003 as part of our HIV/AIDS programme, and throughout 2004 he continued to motivate community members to take action against AIDS. Julius was selected for training by his local Village Development Committee, as one who was willing to dedicate time to acting as a volunteer Counsellor. Another important factor was that Julius is literate, and would therefore be in a better position to impart information than someone who could not read and write.

Counsellors hold monthly meetings to respond to issues arising from HIV/AIDS. They have also been responsible for training up Peer Educators, people who are permanently on hand in the villages for anyone with pressing questions or problems. If these Kaloko-trained volunteers were not working in the community it is unlikely that up-to-date and accurate information on HIV/AIDS would reach those who are suffering. *"We are already seeing a reduction in stigma. Before, many people said that the sickness was because of witchcraft. Now, they are accepting that it is a preventable disease."*

That these positions are voluntary shows how committed the Community Counsellors are to managing the disease in their areas. Julius is wholly behind the education and support of the rural communities in matters of health. On a personal level he is hopeful that his school-going daughter will continue on to study medicine, and become involved in social work.

Community Social Development in 2004

Once more we have helped provide an education to over 800 children, including those at the Luansobe Upper Basic School, those who are on scholarship at secondary schools, and the infants in the crèche.

Education continues to be a major issue. LUBS is the only registered school in the area and with an increasing local population comes an increased demand for places. A lack of government teachers has hindered progress but we have done better than most. The average class size in Zambia is now 70 – at LUBS it is 40. These difficulties are reflected in the results with 67% passing their G7 exams but a disappointing 47% passing their G9 results.

We continue to support the Kaloko crèche, which had over 40 youngsters aged 6 months to 5 years in 2004. Thanks to supporters we were able to renovate the crèche building and provide new learning materials and toys.

As with LUBS, the increasing local population continues to place heavy demands on the Rural Health Centre. During 2004 the RHC saw over 5,000 outpatients, delivered over 4,000 child vaccinations and saw over 2,500 women and children at outreach clinics.

We have also continued our support for the Luansobe community HIV/AIDS programme and in particular the work of the Community Groups and Counsellors, such as Julius Nyirongo (opposite).

Future Plans

We are working with the school, the PTA and the government on a plan to develop the school infrastructure (houses, classrooms, hostels etc) so that we can better accommodate both pupils and additional teachers.

We also expect to extend the crèche, in order to facilitate more children in the area.

At the RHC an ambulance will be available in 2005, to further facilitate outreach work, as well as taking emergency cases to hospital. Fundraising will begin to raise enough money to install solar lighting in the wards and offices.

The HIV/AIDS team are finalising plans to expand the Home Based Care programme for those people caring for sick members of their families. We are developing a programme of support for families caring for orphans and we are also negotiating with the government to supply both HIV/AIDS Testing & Counselling sessions and anti-AIDS drugs through the RHC.

OUR ACHIEVEMENTS

Agricultural Training, Demonstration & Extension in 2004

Food Security loans reached an all-time high of 350 families helped in 2004, valued at almost £21,000. This was an increase of 21% on 2003 figures. This loan scheme covers over 150 hectares of farmland, and will benefit over 3,000 people. Workshops were carried out for all loan recipients, to ensure they understood the terms and conditions, and also of course to help them with their farming methods. Extension services were provided to all farmers, with regular visits by our Agricultural team.

Unfortunately due to a delay in fertiliser distribution beyond Kaloko's control, many farmers had less than hoped for yields, and loan recovery from 2003/04 is about 70%. Farmers understand that the loans must be repaid in order for new loans to be provided and outstanding amounts have been re-scheduled over the next few years depending on individual circumstances.

In 2004 we successfully trained a group of farmers in Conservation Farming techniques. These involve growing crops in such a way that the soils are less depleted, less fertiliser is used and yields are increased, when compared to more traditional approaches. Twenty-five farmers, from sixteen different communities, were trained and each farmer then practised the techniques on 1 lima (about half an acre) as a demonstration. Yields on the demonstration plots were greater than on those farmed using traditional methods.

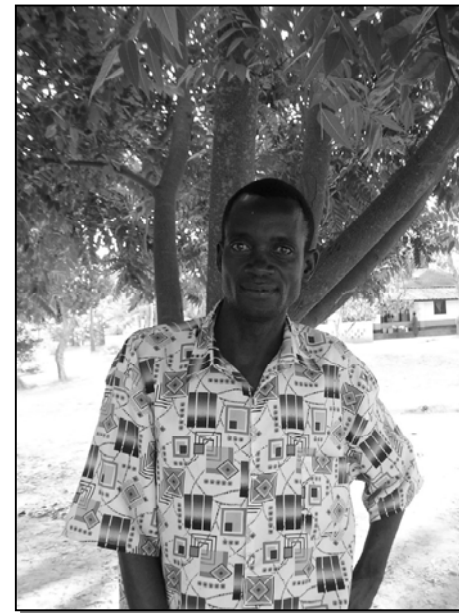
The 25 farmers are now being supported by Kaloko to act as demonstrators to their local communities. We expect to provide further training and workshops in Conservation Farming to those who are interested in 2005. We will also provide further support and training to the original twenty-five farmers, who will then continue to provide support to their communities.

Future Plans

Conservation Farming methods are to be extended even further, with an on-site demonstration plot at Kaloko Trust. The Food Security loans will be further increased and we expect to make 450 loans in 2005.

As the Food Security programme grows, so does the work in providing extension support and advice. In line with our work on Conservation Farming, we plan to devolve more of the responsibility for loan allocation and collection to the local Village Development Committees. This will allow our extension staff more time to provide training and support in actual farming methods.

In 2005 we will also start to develop a residential agricultural training campus, based around Kaloko's own Rainwater Catchment Tank. This will offer a variety of demonstrations and training but in particular will focus on dry season agriculture, based on small-scale irrigation, to farmers who have access to water from Kaloko-constructed Catchment Tanks or perennial streams.



"Kaloko has given me very good skills in agriculture. But now I want to do more. We should encourage farming, so that the people of Zambia can eat."

Elias Ponga, Kaloko Graduate Farmer

Kaloko Trust has now been working in Zambia for over 15 years. Elias Ponga is a farmer who was one of the original trainees, when Kaloko was nothing more than a couple of tents in the bush. On completing his training Elias was resettled in an area of Luansobe called Kwesha, and to this day he continues to farm productively. He attributes this success to the skills Kaloko transferred to him, which include mixed agriculture, animal husbandry, building and accounting.

Living in a traditional brick and thatch house, Elias has 14 dependants – his family include his own 6 children plus relatives who have been orphaned. Despite the large number of people he has to feed and care for, Elias manages to grow surplus crops to sell in town. This generates income for school fees, clothes, and other household items.

Elias and his neighbours have formed a successful Co-op, which means that they are eligible to receive seeds and fertilisers at a discounted rate from the Zambian government. At the moment Elias is busy putting all the children through school, but he is hopeful that in the future he will extend his farm to include a piggery, and an ox-drawn plough. He would eventually like to become a large-scale commercial farmer.

OUR ACHIEVEMENTS



"With so many of us, we are using at least 120 litres of water every day."

The Chipotela Family,
at Serenje Well

The Chipotela Family are glad to be on the receiving end of Kaloko Trust's water programme. They live in the Serenje area of Luansobe and thanks to Kaloko their community now has a clean, safe, protected well, finished in 2004.

Previously the women in the Chipotela family were walking for over 3km each way to fetch water from an unreliable source. There are over 15 in the family, from grandparents down to grandchildren, and with so many to cater for, many hours were spent trekking through the bush to meet their needs. This new well has clean water, and is less than 1km from their home.

With the building of the well the community has been motivated to build both a Community School and a Health Outpost in the same spot. They are busily making bricks for construction of the buildings, which will also be supported by Kaloko.

Natural Resource Management in 2004

With water, food and income still major issues for local communities, we are continuing to prioritise the construction and development of Rainwater Catchment Tanks under this department. These are major works, which when complete provide a year-round water source for communities, help replenish water tables and offer dry season irrigation of crops for both household consumption and income. In 2004 we completed the fourth Tank on the Makango stream at Serenje.

In response to our community consultation, we have started a well digging programme that aims to provide clean water to communities through the construction of protected wells. The wells are dug by hand and lined with concrete rings to protect them and at 25m deep take 2-3 months to dig. The first in the programme was completed in November, again at Serenje.

Kaloko has also continued its work with The Copperbelt University on a Sustainable Bark Harvesting programme. Bark harvesting for sale has been a contributing factor to loss of forests in both Zambia and neighbouring countries. However the experimental results from Kaloko have shown methods of harvesting that are sustainable and do not kill the trees. In 2004 Kaloko was also asked to design information posters for the programme for use across Southern Africa and in 2005 we will contribute to a Bark Harvesting Handbook that will be used by most of the forestry courses at colleges and universities in Southern Africa.

Future Plans

We will continue the Rainwater Catchment Tank Programme by constructing another in 2005, this time at Kantolo.

We will re-start our beekeeping programme in 2005. This will include: training new beekeepers; supporting the beekeeping Co-op to create and implement a development plan for beekeeping in the area; the establishment of a micro-credit scheme for established beekeepers so that they are able to access funds and equipment to develop their apiaries.

We will construct two further protected wells, at Kandulwe and Chisapa.

The Bark Harvesting programme has been extended for another year, with staff members due to present papers at international conferences in Malawi and South Africa.

FINANCE

Enterprise Development in 2004

In 2004 we have continued to provide support to those enterprises that operate as part of Kaloko Trust's Training Centre. This has included management support, marketing advice and support for the development of a new vegetable garden, which is the pilot for a larger training programme. Kaloko's dairy, piggery, beehives and cheese making continues to offer training, local income generation and vital local employment opportunities. In 2004 the enterprises sold over 2.5 tonnes of pork, harvested over 400kg of honey and sold over 1,000kg of cheese, made from milk from both Kaloko's dairy and two local women's dairy co-ops which Kaloko established.

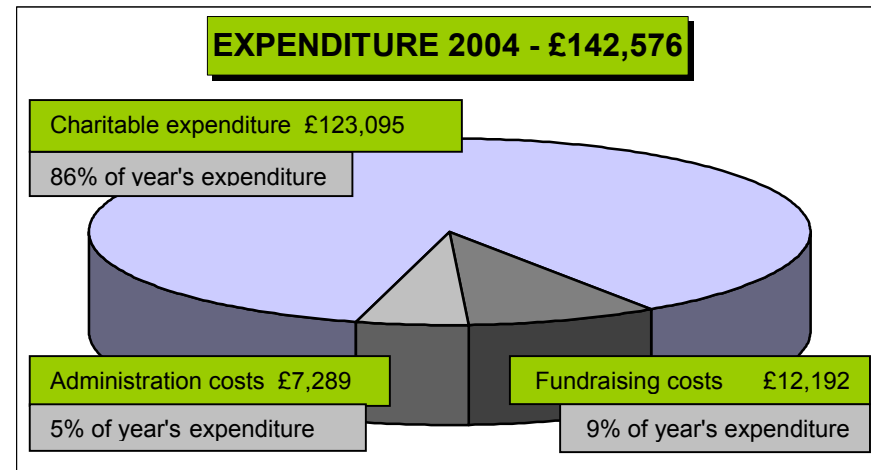
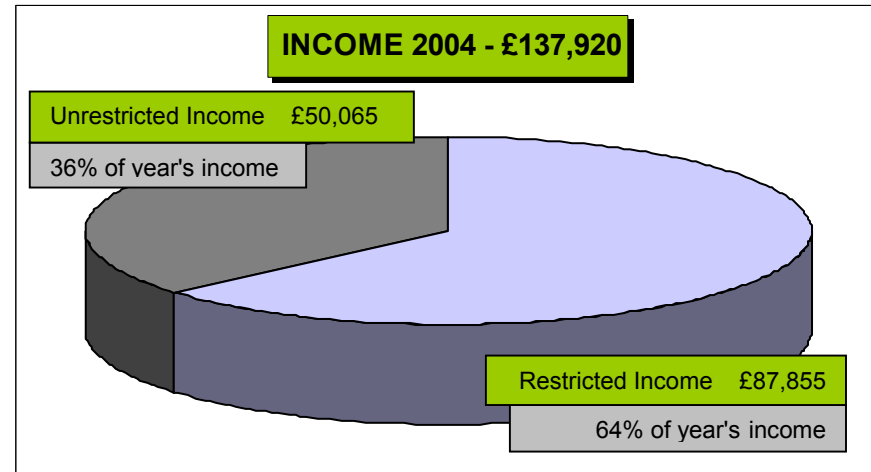
Future Plans

In 2005 we plan to establish a community carpentry group and workshop to allow local carpenters access to tools and credit. We also hope to develop a community metal fabrication workshop and group, that can manufacture and repair items such as treadle pumps, bicycles and trailers and ox-carts.



Hildah Kasalula, Cheesemaker

Our Accounts



The information summarised on this page is taken from the unaudited accounts for 2004. A full copy of the audited accounts for 2004 is available from: Kaloko Trust, 39-41 Surrey Street, Brighton, BN1 3PB.

The Kaloko Trust

Kaloko Trust UK (KTUK) was established in 1995 as a registered charity (No. 1047622). Our objectives are to promote sustainable rural development in Africa. We currently do this through supporting the activities of our partner organisation, Kaloko Trust Zambia (KTZ). As a partner organisation to KTZ we listen to the needs and requests of the local population in Zambia, and respond accordingly. Our support takes the form of securing funds for programmes run by KTZ; providing management support and capacity building; giving technical assistance including the procurement and shipping of equipment; recruiting of volunteers to provide specialist skills; publicising Kaloko Trust Zambia's activities.

KTUK is staffed by three people - a full-time Director based in Zambia, who works alongside the Zambian Director of our partner organisation, a Publicity & Marketing Officer – also based in Zambia - and an Administrator in the UK. The Director reports to the board of trustees in the UK who meet quarterly. We also have a network of gracious supporters and volunteers who work at raising the profile of the Trust and gathering funds for our projects.

Our partner organisation, KTZ, works with local villagers in rural Zambia to relieve poverty and raise livelihoods. They do this by helping to develop local agriculture and income generation, through self-help projects, and by promoting the environmentally sustainable use of natural resources. From this basis The Trust works to advance education and to promote the healthcare of rural communities through the support of a training centre, schools and health clinics.

Our Trustees in 2004

The Trustees of the Kaloko Trust UK during 2004 were:
James Smellie (Chairman), Chris Clarkson (Treasurer), Julia Ventham, Tom Ventham, Domino Champe, Harry English, Judith Scott, Amy Sheehan.



Helping Rural Zambian Communities To Help Themselves

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Our Donors in 2004

Without the help of our donors Kaloko's work would not be possible. We would like to thank everyone who has supported us with donations and assistance, both large and small, during 2004. Space limits the thanks we can offer but we would particularly like to thank the following for their support:

Allachy Trust, V & B Barnes, J Beddison, Noel Buxton Trust, Boscombe & Southbourne RC, B Curran, P Daunt, D Edmondson, R Farquhar-Oliver, A & N Ferguson Trust, J Harrison, Hendon RC, A & P Hopper, Holmfirth Methodist Church, International Children's Trust, Institute of Christ, S Jones, L ten Kate, Kendall United Reform Church, Mercury Phoenix Trust, Morel Trust, Mt St Bernard Abbey, Ndola Link, Oakdale Trust, Paget Trust, Rhododendron Trust, Rowan Charitable Trust, Shawcross & Dickinson, E Short, St Georges Church, Norton, St John the Baptist, Chipping Barnet, Sydney E Franklin Trust, Three Oaks Trust, Trade Plus Aid, C Trapnell, C Walsh, Watford RIST, G & R Wedell, Westbury IWC, the Wild family, His Excellency the Zambian High Commissioner.